

David Schary

David Schary is an Assistant Professor of Exercise Science at Winthrop University. His mission is to help people understand the importance of the psychological and social aspects in their everyday lives. Dr. Schary's research interests include performance, leadership, and well-being across a variety of domains (e.g., emergency services, wildland firefighters, medical profession athletics). Currently, he is researching the relationship between well-being and performance. In addition to teaching and research, Dr. Schary is a performance consultant for Winthrop Athletics, the U.S. Forest Service, and the National Fallen Firefighters Foundation. Prior to academia, Dr. Schary coached rowing at the high school, collegiate, and master's levels. Dr. Schary completed his PhD in Exercise and Sport Science, with a concentration in Exercise and Sport Psychology, and MPH, with a concentration in Biostatistics, at Oregon State University. He also holds a Master of Science in Exercise and Sport Studies from Smith College and a Bachelor of Arts in Sociology from the University of California, Davis.