

Jarrod Sergi

Jarrod Sergi is a Captain with Norfolk Fire Rescue in Norfolk, Virginia. He is currently assigned to Engine Company 1 downtown. He has had previous assignments as a ladder company Lieutenant and Fire Academy Coordinator. Jarrod has been a part of and assisted in the development of several departments wide and regional training programs that included both Engine and Ladder company operations as well as Fire Dynamics. Jarrod also serves as an adjunct State Instructor for both the Virginia Department of Fire Programs and the National Fire Academy focusing on MAYDAY, Strategy/Tactics and High-Rise Operations. He is an instructor with Real Life Training LLC where he provides training on many fire ground topics. Prior to working for the City of Norfolk, Jarrod served in the United States Navy as a Damage Controlman and a Search and Rescue Swimmer. Jarrod is a graduate of the National Fire Academy's Executive Fire Officer Program. He holds a bachelor's Degree in Fire Science and has been featured in several fire service publications.